

# OPINION

from

Prof. Dr. Violeta Boyanova Tsvetkova, NBU  
professional field 7.4 Public health,

on the scientific works for participation in a competition for the academic position  
"professor", in professional field 7.4. Public Health,  
announced in the the National official gazette N28 /02.04.2024,  
with candidate assoc. Prof. Rositsa Nikolova Doinovska, PhD

The opinion was made according to order No. 3-PK-234/29.05.2024 of the Rector of the NBU. For this purpose, I received the contest materials in electronic and paper versions.

For the academic position of "professor", there is only one candidate in the person of assoc. prof. Rositsa Nikolova Doinovska, PhD. The presented materials correspond to the normative requirements for this category of contests - number of publications, evidentiary materials, citations, self-evaluation and resume.

## **I. Assessment of compliance with the minimum national requirements and the requirements of the New Bulgarian University**

The candidate meets the minimum requirements of the NBU for obtaining the academic position "professor" because:

- There is a total of more than the required 700 control points - the candidate has 864 points.
- Has a defended doctoral dissertation;
- There is a habilitation thesis;
- There is a sufficient number of publications in both scientific and edifice;
- There is a very active educational and socially beneficial activity.

Assoc. prof. Rositsa Nikolova Doinovska, PhD has extensive professional experience in the field of health care. She knows and is extremely well versed in all the requirements of healthcare practice and at the same time has vast management experience, long practice in nursing education and knowledge of healthcare organization.

## **II. Research (creative) activity and results**

The candidate for the academic position "professor" presents a monographic work entitled "Profession of a nurse", in which a comprehensive integrative approach to professional formation is demonstrated and the professional realization of nurses based on historical profession overview, professionogram, psychogram and professional profile of the modern nurse. An analysis has been made of both classic and more modern delivery models nursing care, the opportunities for career development, the forms of postgraduate training, the requirements for the personality of the nurse and the professional competences he must possess.

The author has made a detailed study of both data from worldwide similar studies and a deep analysis of her own research on several categories of nurses, the motivation for choosing this

difficult profession. It makes an impression on the research done, the strong inner conviction that you are needed by someone and they expect your professional help! In 87% of the surveyed, they noted the correctness of their choice.

The monograph very convincingly and analytically characterizes the influence of the environment and public attitudes in relation to the profession of "nurse" for their professional motivation and the maintenance of a good psycho-emotional state of working nurses.

In the materials presented for review, in addition to the monograph, there are two more editions of a monographic nature - 2016 and 2019. "Selection, certification and adaptation of health care professionals in the multi-specialty hospitals of the Military Medical Academy", 5 textbooks, 6 publications in publications with an impact factor, 8 publications in foreign journals, 51 publications in refereed Bulgarian publications, 72 participations with reports in our and international scientific forums. A reference for 114 citations is presented.

**Scientifically - the research activity of Rositsa Doinovska is directed in the following main areas:**

1. Medical education, motivation and pedagogy;
2. Public health, health promotion and disease prevention;
3. Health care for the elderly;
4. Professional guidance and training of nurses.

Health care is related to promotion activities, prevention and direct and indirect health care of already ill persons. In order to avoid diseases and improve the quality of life of citizens, timely and comprehensive prevention is necessary.

## **I II. Learning and teaching activity**

Assoc. prof. Rositsa Nikolova Doinovska, PhD has presented information about two public lectures delivered at NBU: "Teaching in the practical training of specialties from the regulated professions "Nurse" and "Midwife" December 2023 and "Health Education" - April 5, 2024.

In addition, she is a lecturer at SWU, where she is an active participant in defense committees for state exams, supervisor of 3 graduates for 2023, 2 doctoral students and supervisor of one successfully defended doctoral student. In addition to a university textbook "Nursing", there are several teaching aids for the training of medical personnel.

## **IV. Administrative and public activity**

Dr. Doinovska is a member of the Bulgarian Association of Health Care Professionals. It is also a member of BPHA /Bulgarian Public Health Association/ and EUPHA /European Public Health Association/.

## **V. Personal impressions of the candidate (if any)**

I do not know assoc. prof. Rositsa Nikolova Doinovska, PhD and I have no personal impressions of her. However, a careful reading of her biography illustrates a serious, responsible and multi-faceted professional in the field of public health and health care.

### **Conclusion**

My assessment of the candidacy for the academic position of "professor" of assoc. prof. Rositsa Nikolova Doinovska, PhD in the professional field 7.4. Public Health is entirely positive and I suggest that the respected scientific jury vote with a positive vote and that it be submitted for approval to the Academic Council of the NBU.

22.07.2024

Signature:

Prof. Dr. Violeta Boyanova